

Daily Technical Outlook: Metals and Energy Nov 20th, 2025

Bullion Index



Sources - Ticker Plant and Bonanza Research

The Benchmark index witnessed a Flat Opening on 19/11/25 but remain sideways to higher side till evening session on safe haven buying & in expectations of FED rate cut in next meeting after weaker than expected U.S data last few days buyout bullion, while in evening profit booking seen after rebound in dollar index & technical sell off due to price fail to break resistance zone and which all resulted in index close almost Flat over previous day close.

Now, Index has Support 28500-100-27800-400 as long hold, more upside expected towards 30600-31500 in short term. Other side only Sustain below 27400 seen 26500-26300 in days to come.

Price is trading around short term 13-days SMA and RSI at 54 mark with Flat slope indicates mix of the view in the counter. Other side below zero line MACD seen selling pressure at every rally.

Metals Index



Sources - Ticker Plant and Bonanza Research

The Benchmark index seen a Minor Gap Up Opening on 19/11/25 and remain on higher side throughout the day on lower level buying & on stimulus expectations from top metal consumer China added by Dec rate cut bet from FED buyout base metals pack and which all resulted in index close marginally above over previous day closing.

Now index has a Support at 18800-18300, as long hold, more Upside expected towards 19400-19500 in medium term. While on lower side only sustain below 18300 seen 17500-17300 again in days to come.

Price is trading below short term 13 SMA while RSI at 51 marks with Downward slope indicates more room for down side in the counter. Other side slight above zero line MACD indicates more buying seen at every dip in the counter.

Technical Levels

Commodity	Contract	CLOSE	S1	S2	R1	R2	TREND
	Month						

BULLIONS(Rs.)							
Gold M	Dec	122904	122200	121400	123200	124300	BEARISH
Silver M	Nov.	156761	155000	153800	159000	160500	SIDEWAYS

ENERGY

Crude Oil	Nov.	5258	5190	5130	5300	5370	SIDEWAYS
Natural Gas	Nov.	402.80	397	385	408	418	SIDEWAYS

BASE METALS

Copper	Nov.	1002.10	990.0	983	1005	1018	SIDEWAYS
Zinc	Nov.	301.95	298.0	295.0	304.50	306.0	SIDEWAYS

Lead	Nov.	179.80	178	175	183	185	BULLISH
Nickel	Nov.	1351.50	1300	1250	1400	1450	SIDEWAYS

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